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# ADDICTIONS (SI17)

## About

### — About Series

Whether the struggle is personal or you've experienced the pain of watching a loved one, virtually no life remains untouched by the problem of addiction. What can we do? What should we say? How do we even think about lives that are spinning out of control from seemingly unstoppable urges?



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Our working theology of addictions is often a mixture of messages we have heard from pop psychology, AA, and pieces of Scripture. Some talk about addiction using the language of disease. Others offer simplistic explanations of sin and bludgeon addicts with the demand to just “stop it.” This conference will explore both the physical and spiritual components of addiction and how to navigate them carefully as Christians.

Follow along with these resources as we unpack these issues and learn how our sense of helplessness and desperate need in the face of such problems can become just the thing to drive us to the redemption and power found through Jesus.

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## Audios

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### Every Addict Lives with Shame

By Ed Welch

Topics: Addiction

Listen to addicts and you will hear shame, shame that preceded the addiction and shame that resulted from the addiction. And here, in their shame, they can hear some of the most beautiful words they could possibly hear.

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# To Be Human is to Say “No”: A Biblical History of Temptation

By Ed Welch

Topics: Addiction

Self-control is not a popular teaching, and we can offer it in ways that are not inviting. Our task is to learn it in such a way that we find it attractive and can make it attractive and compelling to others.

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## Biblical Insights into Addiction

By Mark Shaw

Topics: Addiction, Foundations

Gain insight into the heart of an addict to learn how to competently counsel someone struggling with addiction through an exposition of Proverbs 23:29-35.

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# Understanding Temptation: The War Within Your Heart

By Mark Shaw

Topics: Addiction, Foundations

In this session we will identify three idolatrous heart issues in all people and find out how these desires connect our flesh with the temptations of the world's system and the devil. This topic helps counselors work with any counselee, especially the addicted

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# How the Physiology of Addiction Complicates Counseling

By Charles Hodges

Topics: Addiction, Diagnoses, Foundations, Medicine

Counseling those who struggle with substance abuse is a challenging problem in our society. We will discuss how addictive drugs affect the brain and how that may complicate counseling from a Biblical perspective.

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## Helping People Come to the God who Satisfies

By Jim Newheiser

Topics: Addiction, Anxiety & Worry, Foundations

All addicts are seeking a satisfaction in something that will never truly satisfy them. In this session Dr. Jim Newheiser will discuss the need to lead addicts to the God who satisfies.

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## Hear the Addict's Story, Retell the Addict's Story

By Ed Welch

Topics: Addiction, Methodology, The Past

Our help comes in two parts: knowing a person's story and knowing Scripture's retelling of their story. Both are essential. In this session you will learn to really listen to your counselees and then help them reshape their stories from a biblical perspective.

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## Relapse Prevention

By Mark Shaw

Topics: Addiction, Case Studies, Trials

When an “addict” repents, you will know it. Learn how to identify the fruit of repentance found only in an abiding relationship with Christ.

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## Overcoming Abusive Speech

By Jim Newheiser

Topics: Addiction, Anger, Conflict, Speech

The Bible teaches that words can be as destructive (or abusive) as fists. Every time we open our mouths we are either promoting God's kingdom by building others up or we are extending the realm of the Evil One by tearing others down. How can our sinful tongues be tamed?

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## Basic Principles, Procedures, and Strategies for Counseling Addictions

By Keith Palmer

Topics: Addiction, Foundations, Methodology

Addiction cases can be some of the most complicated cases in counseling ministry. This workshop will present a toolbox of biblical principles applied to various aspects of counseling those struggling with addictions.

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## The Attributes of a Christ-like Counselor

By George Scipione

Topics: Case Studies, Men, Methodology, Theology

This workshop explores the attributes of Jesus, the Wonderful Counselor and the Holy Spirit, the Other Counselor. We will examine what makes them the competent counselors that they are. Also, we will examine how these attributes must be and can be in your counsel. Finally, we will learn how you can develop these attributes.

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## Living with an Angry Husband

By Caroline Newheiser

Topics: Abuse, Addiction, Anger, Anxiety & Worry, Family, Forgiveness, Men, Women

Some women live with husbands who routinely express anger in its many forms. The Bible gives direction on this subject. Counselors will be taught how to help these women before the anger of their husbands becomes abuse.

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## Lies: Believing Them and Telling Them

By Ed Welch

Topics: Addiction, Conflict, Methodology

A neglected biblical theme for addiction is the movement from lies to truth, and from the Liar to the Truth. Our job is to do whatever we can to invite strugglers to be open and honest.



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## Self-Harm

By Mark Shaw

Topics: Addiction, Anxiety & Worry, Self-Injury

Learn how to offer hope in your biblical counsel of self-injurers by treating it as sinful heart issue rather than mental illness.

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## Addictions and the Discouraged Counselor

By Keith Palmer

Topics: Addiction, Case Studies, Foundations, Methodology

All counselors struggle at times with discouragement in counseling, particularly in harder cases like addictions. This workshop will offer biblical hope and encouragement to the discouraged counselor in need of spiritual refreshment.

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## Medicine and Biblical Sufficiency

By Charles Hodges

Topics: Addiction, Diagnoses, Medicine, Theology

Biblical Counseling has been shaped by the doctrine of sufficiency. We will examine how that doctrine and the science of medicine interact when we encounter those with worry, depression, OCD, and other emotional struggles. Can the Bible help when we counsel those with medical emotional labels?

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## Gospel Hope for Instant Gratification Junkies

By Shannon McCoy

Topics: Addiction

Instant gratification junkies are hooked on immediate satisfaction at any cost. This trap can make you susceptible to addictions,

anger, jealousy, and negative impulsive behaviors. The pursuit of instant gratification has detrimental effects on your Christian walk. When there is a problem, you want God to fix things quickly. When He does not, you take matters into your own hands making the situation ultimately worse. This seminar will expose the heart issues of instant gratification and will show how the gospel can help you escape the instant gratification trap.

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## Helping Family Members

By Mark Shaw

Families of addicts often need help as much as the addicts themselves. This session gives biblical passages and practical help for counseling the families of addicts. It also discusses how idolatry impacts the family, how enabling hurts rather than helps, and what can be seen when an addict truly repents.

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# Substance Abuse and Domestic Violence

By Chris Moles

Substance abuse is often a factor in situations of domestic violence. In this session author Chris Moles will help counselors learn to deal with situations like these.

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# Psychiatric Medication and Spiritual Depression

By Charles Hodges

What does the Bible have to say about the use of medication to treat depression? What does the current medical literature say about the medical treatment of depression? This workshop will attempt to answer those questions from a medical and biblical counseling viewpoint.

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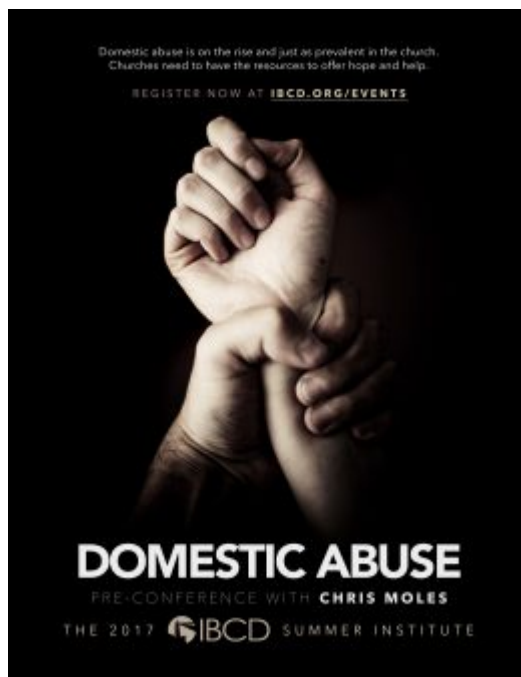
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Depression

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part 2